# Maharaja Sawai Bhawani Singh School, Jaipur

Dear Students,

We hope you have enjoyed the summer break and are relaxed, recharged and ready to start afresh. We are delighted to have you as an integral part of the amazing MSBS School community. I welcome and value your positive energy and dedication to excellence in education and look forward to yet another incredible and productive school year.

The trained and dedicated MSBSS staff is already planning and preparing for the session which will be full of academics, activities, sports and cultural shows and much more. The hard working and conscientious custodians have spent the entire summer thoroughly in renovating and cleaning the school.

It has been observed students are conditioned to think that working longer hours by staying up late at night yields better results. Staying up very late disrupts the body's natural sleep-wake cycle, which can affect a student's mental functioning and energy levels the next day. It may lead to sleep problems and can have long-term effects on health. Getting enough sleep is essential for people's mental and physical wellbeing.

As you begin after this break, I suggest each one of you to work on having better time management and improving your energy management also. Arrange your schedule so you can effectively and efficiently reach your goals, which could be personal, professional, or both. Knowing when to minimize the drain on your energy and strike a balance, is what is needed most in today's time. Practising time and energy management means encouraging behaviours and actions that systematically expand your capacity to work and strike a balance.

The purpose is to encourage more self-regulating coping skills and strategies for personal and professional energy renewal, to promote more sustainable performance levels.

Vaidehi Singh Principal

NEWSLETTER

APRIL TO JUNE 2022-23

### Azadi Ka Amrit Mahotsav

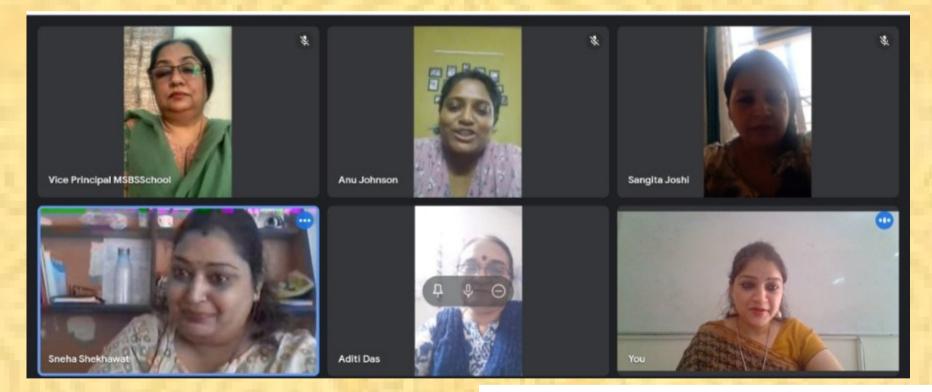
11<sup>th</sup> May Session on Freedom Struggle : Classes VI - VIII

**CBSE** 



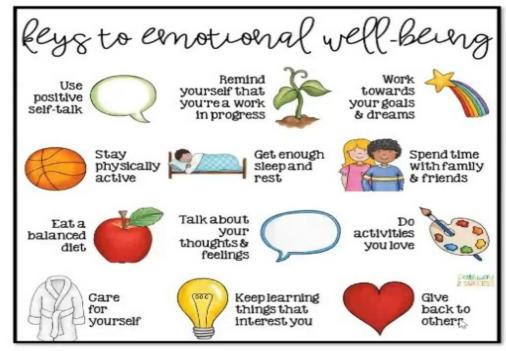
## Hubs of Learning Activity

17" May Session on Mental well being of students post pandemic



#### As teachers we need to be patient with children and understand their emotions, as all emotions are VALID

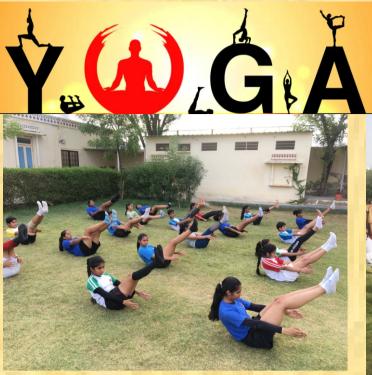
- > Every student has a different way of responding to trauma. It is not advisable to respond in the same manner to everyone. Listen to your students' stories.
- > Maintain daily routines as far as possible. Familiar schedules can be reassuring.
- > Your response to the disaster will affect your student's response. Therefore, if in doubt, it is helpful to discuss your own reactions with other adults and teachers before talking with your students.
- Provide structured time to discuss the event in the classroom. Be alert to students expressing overwhelming feelings in discussions. Limiting time can help the student express what they wish without saying more than they might wish they had.



# International Yoga Day

21<sup>st</sup> June















**CBSE** 

World Autism Day 2<sup>nd</sup> April



#### Ambedkar Jayanti : Classes I - VIII







Dr. Bhim Rao Ambed Kar Ambedkar sayanti 14 April he Father of I



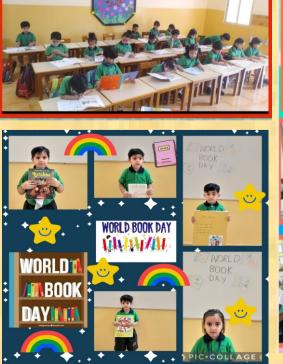
#### 18<sup>th</sup> April World Heritage Day : Classes I - XII



#### 22<sup>nd</sup> April World Earth Day : Bubbles - XII



23<sup>rd</sup> April World Book Day : Bubbles - V













4<sup>th</sup> May

#### 24<sup>th</sup> April Panchayati Raj Diwas







#### 2<sup>nd</sup> May International Labour Day



World Press Freedom Day : Discussion on Role and Impact of Journalism in Digital Media



7" May Rabindranath Tagore Jayanti : Classes VI - VIII







International Red Cross Day : Classes VI - VIII 8<sup>th</sup> May



9<sup>th</sup> May World Asthma Day : Classes VI - VIII



Great Indian Revolt of 1857 : Classes VI - VIII 9<sup>th</sup> May



11<sup>th</sup> May

World Technology Day : Classes VI - VIII





# Atal Tinkering Lab

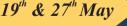
#### **ATL Community Day**



**Ideation and Design Thinking** Young Tinkerers exploring beyond their Textbooks Class IX Classes VI - XII 11<sup>th</sup> May 15<sup>th</sup> May



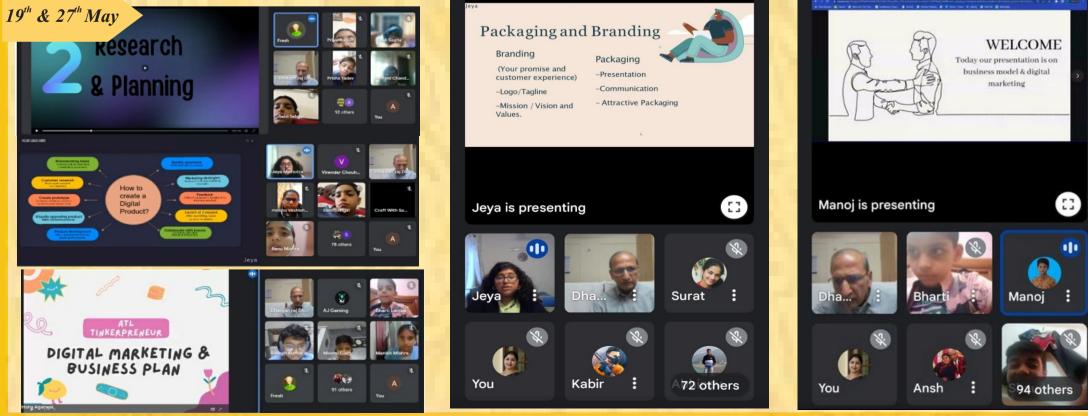
Session for students : ATL Tinkerprenuer











### **Proud Achievements**



Dakshveer Singh represented Rajasthan and won Bronze Medal in 10 metre Air Rifle Youth Mix Team Event at 20<sup>th</sup> **Kumar Surendra Singh Memorial Shooting** Championship



# **Olympiad Achievers**

SR NO.	NAME OF STUDENT	CLASS	RANK	AWARD
	TOTHER & ACTO AND A T		TIONAL MATHEMATICS OLYMPIAD (SOF)	
1.	ISHIKA AGRAWAL	ш	ZONAL RANK - 1 REGIONAL RANK - 1	
			INTERNATIONAL RANK - 1	
-	VANSHIKA AGRAWAL	ш		-
2.	VANSHIKA AGRAWAL	111	ZONAL RANK - I	INTERNATIONAL GOLD MEDAL &
			REGIONAL RANK - 1	CERTIFICATE OF OUTSTANDING PERFORMANCE
	CANTANA CADO	v	INTERNATIONAL RANK - 1	
3.	SANJANA GARG	v	ZONAL RANK - 1	
			REGIONAL RANK - 1 INTERNATIONAL RANK - 1	
	ANSHIKA AGRAWAL	ш	ZONAL RANK - 2	
4.	ANSHIKA AGRAWAL		REGIONAL RANK - 2	INTERNATIONAL SILVER MEDAL &
			INTERNATIONAL RANK - 2	CERTIFICATE OF OUTSTANDING PERFORMANCE
5.	AVNI KALRA	ш	ZONAL RANK - 4	
5.	AVNIBALKA		REGIONAL RANK - 4	
			INTERNATIONAL RANK - 4	
6.	AAHANA GUPTA	IV	ZONAL RANK - 4	-
0.	AAIIAAA OOI IA		REGIONAL RANK - 4	
			INTERNATIONAL RANK - 4	
7.	ADVIK BANSAL	IV	ZONAL RANK - 4	-
/.	ADVIK BANSAL	IV	REGIONAL RANK - 4	ZONAL GOLD MEDAL & CERTIFICATE
			INTERNATIONAL RANK - 4	OF ZONAL EXCELLENCE
0	ITIKA GOYAL	IV	ZONAL RANK - 4	4
8.	TIKA GOTAL	IV	REGIONAL RANK - 4	
			INTERNATIONAL RANK - 4	
9.	AAKRITI GUPTA	VI	ZONAL RANK - 4	-
9.	AARAITOOTA	*1	REGIONAL RANK - 4	
			INTERNATIONAL RANK - 4	
10.	SAMRIDDHI PALTA	ш	ZONAL RANK - 5	
10.			REGIONAL RANK - 5	ZONAL SILVER MEDAL & CERTIFICATE
			INTERNATIONAL RANK - 5	OF ZONAL EXCELLENCE
11.	PARTH ASWANI	ш	ZONAL RANK - 6	
			REGIONAL RANK - 6	ZONAL BRONZE MEDAL &
			INTERNATIONAL RANK - 6	CERTIFICATE OF ZONAL EXCELLENCE
12.	MAAHI KAPOOR	ш	ZONAL RANK - 7	
12.			REGIONAL RANK - 7	
			INTERNATIONAL RANK - 7	
13.	ADHYANT NISHANTH	III	ZONAL RANK - 8	-
1.0.	KUNNATH		REGIONAL RANK - 8	
			INTERNATIONAL RANK - 8	
14.	ANSHIKA AGRAWAL	IV	ZONAL RANK - 14	-
			REGIONAL RANK - 16	
			INTERNATIONAL RANK - 16	
15.	KAVISH SHARMA	IV	ZONAL RANK - 20	
			REGIONAL RANK - 22	MEDAL & CERTIFICATE OF
			INTERNATIONAL RANK - 22	DISTINCTION
16.	PRAYAN RAJ SHARMA	IV	ZONAL RANK - 22	
10.			REGIONAL RANK - 24	
			INTERNATIONAL RANK - 24	
17.	KANISHK KULHARI	III	ZONAL RANK - 28	-
			REGIONAL RANK - 34	
			INTERNATIONAL RANK - 34	
18.	ATHARVA GOYAL	VII	ZONAL RANK - 22	-
			REGIONAL RANK - 48	
			INTERNATIONAL RANK - 54	

# **Olympiad Achievers**

	SR NO.	NAME OF STUDENT ANAYA SHARMA	CLASS	RANK	AWARD
ļ	19.	PRANJAL CHAUDHARY	Ш		
	20.				
	21.	VATSALYA MUNDRA	III		
	22.	KABEER CHANCHLANI	ш		
	23.	BHAVESH KASLIWAL	IV		
	24.	PARTH PALIWAL	IV		
	25.	NEETI ARORA	IV	GOLD MEDAL OF EXCELLENCE	
	26.	DIVINA PALIWAL	v		
	27.	AAYUSH MUNDRA	VI		
	28.	ADITYA RAJ SHARMA	VI		
	29.	VANSHIKA JAIN	VI		
	30.	HARDIK VERMA	VII		
	31.	PALAKSH JANGID	VIII		
	32.	AYAN SHARMA	IX		
ľ			ACHIEVER	S OF NATIONAL CYBER OLYMPIAD (SOF)	
	33.	ADHYANT NISHANTH	III	ZONAL RANK - 3	
		KUNNATH		REGIONAL RANK - 3	INTERNATIONAL BRONZE MEDAL &
				INTERNATIONAL RANK - 3	CERTIFICATE OF OUTSTANDING
ľ	34.	SAMRIDDHI PALTA	III	ZONAL RANK - 3	PERFORMANCE
				REGIONAL RANK - 3	
				INTERNATIONAL RANK - 3	
ľ	35.	ADITYA RAJ SHARMA	VI	ZONAL RANK - 3	ZONAL SILVER MEDAL & CERTIFICATE
				REGIONAL RANK - 5	OF ZONAL EXCELLENCE
				INTERNATIONAL RANK - 9	OF LONAL EACELLENCE
ľ	36.	PRAYAN RAJ SHARMA	IV	ZONAL RANK - 9	
				REGIONAL RANK - 16	MEDAL & CERTIFICATE OF
	37.	AAKRITI GUPTA	VI	ZONAL RANK - 18	DISTINCTION
				REGIONAL RANK - 73	
		NATIONA	L LEVEL S	CIENCE TALENT SEARCH EXAMINATION (N	STSE)
ſ	38.	PRAYAN RAJ SHARMA	IV	INTERNATIONAL RANK - 28	INTERNATIONAL ACHIEVERS
ľ	39.	AAKRITI GUPTA	VI	INTERNATIONAL RANK - 30	INTERNATIONAL ACHIEVERS
I		INTERNATIONAL F	REASONIN	G AND APTITUDE OLYMPIAD (SILVER ZONE	FOUNDATION)
	40.	PRAYAN RAJ SHARMA	IV	STATE RANK - 1	
				ZONAL RANK - 1	
				OLYMPIAD RANK - 1	
ľ	41.	AAKRITI GUPTA	VI	STATE RANK - 1	OLVMBLAD TORDER COLD MED 41
				ZONAL RANK - 1	OLYMPIAD TOPPER - GOLD MEDAL
				OLYMPIAD RANK - 1	
ľ	42.	ADITYA RAJ SHARMA	VI	STATE RANK - 1	
				ZONAL RANK - 1	
				OLYMPIAD RANK - 1	
	43.	ISHIKA AGRAWAL	III	STATE RANK - 6	
ŀ	44.	ATHARVA GOYAL	VII	STATE RANK - 2	CLASS TOPPER- GOLD MEDAL
ŀ	45.	BHAVYA ARORA	IX	STATE RANK - 93	
ŀ	46.	AAKRITI GUPTA	VII	WINNER OF SOF ACADEMIC EXCELLENCE	SCHOLARSHIP 2021-22

#### Sessions

#### Say 'NO' to Bullying : Class IX

A talk by Mrs. Vaidehi Singh (Principal, <sup>12<sup>th</sup> April</sub> MSBSS on 'Decoding Learning Organism'</sup>







13<sup>th</sup> April

Rudra Veena by Ustad Zahid Khan



Orientation of CBSE Board Examination 2021 - 2022 22<sup>nd</sup> April Classes X & XII



25<sup>th</sup> April

Child Sexual Abuse and POCSO Act, 2012 : Classes V & VI





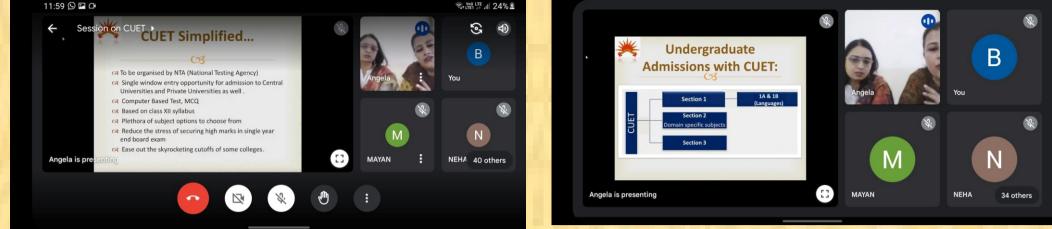












24<sup>th</sup> May Community Service : Distribution of stationery and books to an NGO in Jaipur



24<sup>th</sup> May

Mrs. Vaidehi Singh with Mr. James Collins, Consultant for Overseas Education for undergraduate admissions.



### **Alumni Sessions**

World Health Day : Menstrual Hygiene 7<sup>th</sup> April Session by Alumni (Batch 2016), Dr. Neha Meena (Intern Doctor at SMS Hospital, Jaipur) : Classes VI to X



#### Architecture & its scope : Classes X to XII 1<sup>st</sup> June

#### Insights into the field

- It is a professional field-٠
  - the 5 year B.Arch program gives you a broad idea of lots of things, but one needs couple of years of experience in field to gain sufficient knowledge.
- Job opportunities -۰
  - India has faced a vicious cycle of underpaid job trends in the field which is picking up with time
  - Architecture makes you qualified as an Interior designer too. It is generally undertaken by architectural practises, due to more work prospects.
- Entrepreneurship -۰
  - Opening up an own firm takes time and experience, but has exponentially more earning scope



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#### 37 others

#### **Relevant links**

10 Essential Skills Needed to Be an Architect (yourstory.com) 21 Things Architects can do after B.Arch - RTF | Rethinking The Future (re-thinkingthefuture.com)





what do architects do after coing a B Arch to earn money? - Quora



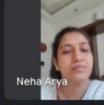
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# Sports Activities

6<sup>th</sup> May Classes III - V























9<sup>th</sup> May Classes I - II















# Summer Sports Activities 13<sup>th</sup> May 2022 to 15<sup>th</sup> June 2022





























